

MIAMI TOWNSHIP FIRE & EMS CLERMONT COUNTY, OHIO PEDIATRIC PROTOCOLS



VENTRICULAR FIBRILLATION AND VENTRICULAR TACHYCARDIA WITHOUR PULSES

Historical Finding

- 1. Age is less than or equal to 15 years.
- 2. Patient is unconscious.

Physical Findings

- 1. Patient is apneic.
- 2. Patient has no pulses.

EKG Findings

1. Ventricular fibrillation or ventricular tachycardia without pulse.

Protocol

- 1. Begin CPR and bag-valve-mask (BVM) ventilation.
- 2. Apply quick look with paddles if not already monitored.
- 3. If rhythm is ventricular fibrillation or ventricular tachycardia without pulses, defibrillate immediately at 2 joules/kg (max 200 J).
- 4. Immediately resume CPR for 2 minutes or 5 cycles
- 5. Check cardiac rhythm. If PEA or asystole, use appropriate protocol.
- 6. If ventricular fibrillation or ventricular tachycardia without pulses, resume CPR immediately while preparing to deliver shock.
- 7. Defibrillation at 4 J/kg (max 360 J) and resume CPR immediately.
- 8. Consider intubation.
- 9. Establish IO or vascular access. IO is indicated if unable to obtain IV within 90 seconds. Use normal saline at keep open rate.

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- 10. Administer epinephrine 1:10,000 at 0.1 mL/kg IV/IO. If IV or IO is unattainable, give epinephrine 1:1000 at 0.1 mL/kg via ET (maximum dose 5 mL). Repeat epinephrine every 3 to 5 minutes, and follow each dose with 2 minutes of CPR or 5 cycles.
- 11. Check cardiac rhythm. If PEA or asystole, use appropriate protocol.
- 12. If ventricular fibrillation or ventricular tachycardia without pulses, resume CPR immediately while preparing to deliver shock.
- 13. Defibrillate at 4 J/kg (maximum 360 joules), then resume CPR immediately.
- 14. Administer amiodarone 5 mg/kg (max 300 mg) IV/IO push then resume CPR immediately.
- 15. If no change, give lidocaine 1 mg/kg IV/IO push then resume CPR immediately, contact medical control, and go back to step 4.
- 16. Transport to closest appropriate facility

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